

You Again
Discussion Questions

Why is friendship important?

What do you value most in a friendship?

Discuss the difference between making friends as a child or teenager and making friends as an adult.

Discuss the difference between old friends and new friends.

How does *You Again* challenge the idea of “soul mates?”

Rosalee had to navigate the tension between forgiving George and trusting him again. Have you encountered a time where you had to do that? How did you deal with it?

How have your life goals changed over time? Did you notice it happening, or did you realize it later? Was it positive, negative, or neutral?

Where are your roots? Is there a place you go or something you do you to feel more like yourself when you feel lost or confused about something going on in your life?

Was the depiction of the relationship between Rosalee and Elizabeth an accurate portrayal of how the relationship between parents and adult children can be complicated? How has your relationship with your parents changed as you’ve become an adult? If you have adult children, how have you felt that change from the perspective of the parent?

Toward the end of the book (p. 261), Rosalee recalls a conversation with her granddaughter about why strong emotions can be a good thing, even when they’re hard emotions. Do you tend to avoid and push away strong emotions or embrace them?

Why?